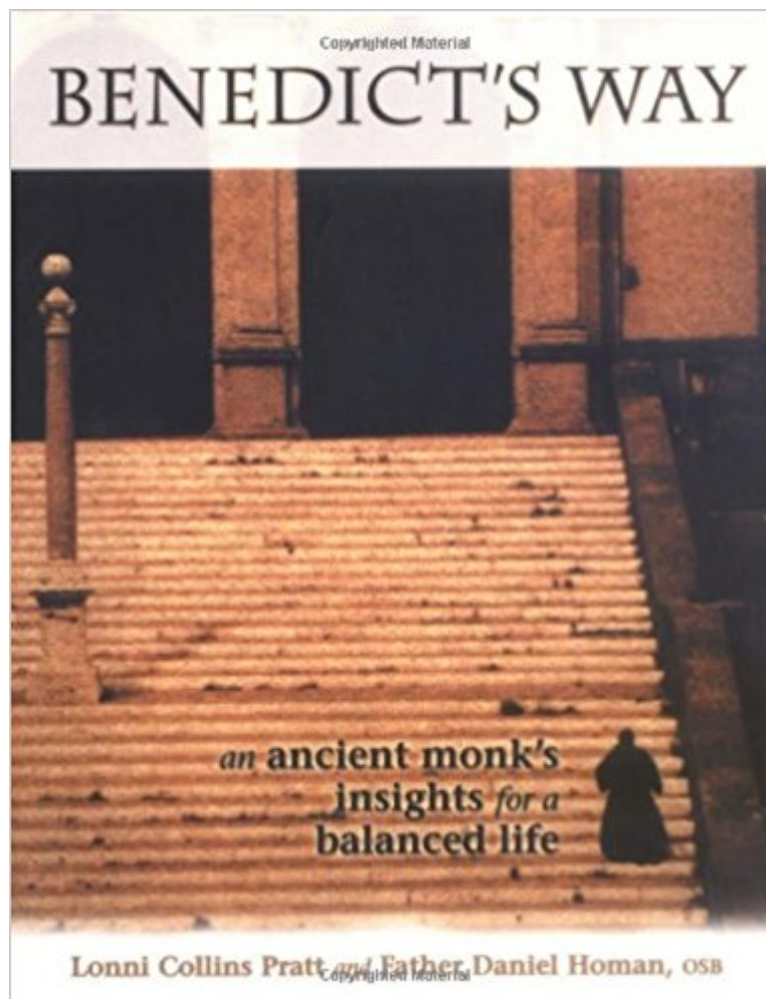




Ebook Directory
the best source of ebook

The book was found

Benedict's Way: An Ancient Monk's Insights For A Balanced Life



Synopsis

An excellent source for spiritual reading today, Benedict's Way is actually a collection of practical principles for living developed back in the sixth century. Devised by a monk named Benedict so that he and his fellow monks could grow together in Christian spirit, the Rule of St. Benedict continues to guide and nurture ordinary men and women today who seek to live a balanced spirituality. In 30 short chapters, authors Lonni Collins Pratt and Father Daniel Homan provide stories, reflections, prayers, and actions through which the reader can understand Benedict's principles and allow them to shape ordinary life. This small but powerful book can be used for personal retreat, spiritual reading, and general reflection.

Book Information

Paperback: 256 pages

Publisher: Loyola Press (September 1, 2001)

Language: English

ISBN-10: 0829417877

ISBN-13: 978-0829417876

Product Dimensions: 5.5 x 0.7 x 6.8 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 24 customer reviews

Best Sellers Rank: #328,767 in Books (See Top 100 in Books) #78 in [Books > Christian Books & Bibles > Worship & Devotion > Monasticism & Asceticism](#) #81 in [Books > Religion & Spirituality > Worship & Devotion > Monasticism & Asceticism](#) #2832 in [Books > Christian Books & Bibles > Catholicism](#)

Customer Reviews

BEST-SELLER • Now in paperback! "Benedict's Way combines the wisdom of St. Benedict's Rule with personal stories and commentary illustrating its applications today • a gem." • John McQuiston II author of *Always We Begin Again: The Benedictine Way of Living* "Benedictine spirituality guides a wide variety of Christians each day. It offers measure and balance to the push and pull of ordinary life. Benedict's Way is a practical, contemporary guide for all who seek Christ." • Abbot Leo M. Ryska, OSB, St. Benedict's Abbey, Benet Lake, Wisconsin In the sixth century, a monk named Benedict devised a code of practical principles by which he and his fellow monks could live together and grow in Christian spirit. Centuries later, the Rule of St. Benedict continues to guide and

nurture contemporary men and women who seek to live a balanced spirituality. This contemplative guide is for individuals of all faiths in search of timeless wisdom.~ ~

Lonni Collins Pratt is an award-winning author and journalist with several books to her credit and more than one thousand magazine and newspaper articles. She is part of the community of friends in Oxford, Michigan, who support the work of the monks at St. Benedict Monastery.~ ~ ~ ~ Daniel Homan, OSB, is prior major of St. Benedict Monastery in Oxford, Michigan, where he has lived the Rule of St. Benedict for forty years. He has led youth retreats for more than twenty-five years and coauthored *Here I am Lord*, a prayer journal for teenagers, with Lonni Collins Pratt.

This book is one of the best spiral guides I have ever read using the Rule of St Benedict. It is so down to earth and filled with such practical wisdom for living a very simple but very real and true spiritual life that is so needed in our modern world. God is simple we are the complicated ones. To love God and to really care about and love all those that He has put into our lives is beautifully shown in this little gem of a book. Thank you Lonnie and Daniel.

I was loaned a copy of this book by a friend, as I am contemplating becoming a Benedictine oblate. I enjoyed it so much that I had to have my own copy. While this is NOT the Rule of St. Benedict in its original form, I loved how it explained important aspects of the rule in modern context. I also liked that it was arranged in such a way that one could read it straight through or in chapters and could use it as a retreat manual.

After reading this book I have a tremendous appreciation for the Benedictine way of life.

I have read a lot of books on Benedictine spirituality. This book is the one that I lend out the most... and have to buy again the most. It is my personal "go to" Benedictine book.

Great book, a very good read.

Format was not as I expected however it has held my interest

This book is written so it can be used privately, as well as with a group, for spiritual growth. All that is required is to take some quiet time, daily if possible, to reflect on the various spiritual qualities

discussed ~ such as 'listening,' 'humility,' 'perseverance,' 'joy,' I highly recommend it.

This book I will cherish forever. It helped me through depression and I will always come back to it for serenity in my soul.

[Download to continue reading...](#)

Benedict's Way: An Ancient Monk's Insights for a Balanced Life Alexander: The Great Leader and Hero of Macedonia and Ancient Greece (European History, Ancient History, Ancient Rome, Ancient Greece, Egyptian History, Roman Empire, Roman History) A Life-Giving Way: A Commentary on the Rule of St. Benedict Mindful Eating: A Healthy, Balanced and Compassionate Way To Stop Overeating, How To Lose Weight and Get a Real Taste of Life by Eating Mindfully Federal Income Taxation, 12th (Concepts & Insights) (Concepts and Insights) Chirelstein's Federal Income Taxation: A Law Student's Guide to the Leading Cases and Concepts (Concepts and Insights) (Concepts and Insights Series) Insights on Romans (Swindoll's Living Insights New Testament Commentary) Mexico-Expatriate Insights (Mexico Insights Book 1) Seeking God: The Way of St. Benedict The Daily Life of a Roman Family in the Ancient Times - Ancient History Books for Kids | Children's Ancient History Live Lagom: Balanced Living, the Swedish Way Save Your Life with the Phenomenal Lemon (& Lime!): Becoming Balanced in an Unbalanced World (How to Save Your Life) Save Your Life with the Power of pH Balance: Becoming pH Balanced in an Unbalanced World (How to Save Your Life Book 1) Living A Balanced Life: Applying Timeless Spiritual Teachings To Your Everyday Life A Long Way from Tipperary: What a Former Monk Discovered in His Search for the Truth A Good Life: Benedict's Guide to Everyday Joy The 25 Most Famous People of Ancient Greece - Ancient Greece History | Children's Ancient History The Ancient Hebrew Language and Alphabet: Understanding the Ancient Hebrew Language of the Bible Based on Ancient Hebrew Culture and Thought Viking: Viking Mythology: Ancient Myths, Gods and Warriors (Norse Mythology, Greek Mythology, Ancient Civilizations, Greek Gods, Ancient Rome, Viking Myths) Sumerians: Discover History's First Civilization: Everything You Need to Know About the Sumerians of the Ancient World (Ancient History, Ancient Civilizations Handbook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)